



Wantagh Seaford PAL
Kindergarten and First Grade
Intramural Soccer Rules



- 1-Field of Play- Length-30 yards, Width-20 yards. Goal Area- 4 yards, No Penalty area, Goals will be 4x6 yards.
- 2- Ball Size: #3
- 3- Players on field- Games will be played 4v4 with no goalie. Substitutions will be made at the end of the quarter, unless injury occurs or other situation arises and a substitute is needed. Playing time at this level shall be evenly distributed with players playing at least 50% of a game. A total of four (4) players are needed to start and play a game.
- 4- Player's Equipment- Shin guards are mandatory. Cleats shall not be metal. All players are to wear a PAL uniform. Players may wear other clothing under the uniform jersey based upon weather conditions.
- 5- The referee is the only official allowed on the field. No parents are to be on the field of play during playing action unless requested to come on by the referee.
- 6- One (1) coach per team will be allowed on the field to assist players in the Kindergarten age group only. It is stressed though to limit coaching (telling players what to do when free play is going on- help with re-starts and "coach" during stoppages). Let the players play.
- 7- Duration of the Game- All games will consist of 4 quarters. Games will have four (4) quarters of 8 minutes each. There will be one (1) minute between the 1st and 2nd quarters and 3rd and 4th quarters and a three (3) minute half time.
- 8- Start and Re-Start of Play- Will commence at the halfway line in the center circle after a goal or on a designated spot as per the referee's placement. Players are to give six (6) yards distance from the ball.
- 9- Scoring- A goal is scored when the entire ball crosses over the goal line and is ruled as a goal by the referee.
- 10- No Offside will be called at this level.
- 11- Fouls and Misconduct- All fouls and misconducts shall be called as per FIFA Laws and the referee or coach shall explain the infringement to the player. All infringements shall result in an indirect free kick. All opposing players shall be at least ten (10) yards from the ball on the indirect free kick. There shall be no warning cards issued at this level. SLIDE TACKLING is NOT allowed under any circumstances.
- 12- There shall be no Penalty Kicks and all fouls or re-starts will be indirect kicks and shall be taken no closer than ten (10) yards away from the goal no matter the location of the infringement.
- 13- Balls out of play-
Sideline- All balls shall be played in with a kick in. There are no throw-ins. No goals can be scored from this kick in. Opposing players must be six (6) yards from the ball.

- Endline-** Goal Kick- Played in with a kick anywhere from in front of the goal. Opposing team will move back to half field. The referee will direct players to a proper location. It is recommended the kicker pass to a teammate in the now open area without defenders. This encourages "playing out of the back". Defenders can't move forward until the pass touches another player of the kicking team or reaches the halfway line.



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Endline - Corner Kick- All balls shall be played with a kick from the corner location closest to where the ball went out of play. Opposing players shall stand no closer than six (6) yards from the ball.

14- Deliberate heading is not allowed. If a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

15- The game shall begin with an introduction of "captain" (children are rotated) and ends with a handshake and "good game team". Goalies should lead the end of the game salute.

16- Should a major injury be brought to the Referee's attention; he/she will stop the clock. All children should sit down where they are so the Coaching Staff can care for the player.

PARENTS ARE NOT PERMITTED ON THE FIELD. Clock will keep running on minor injuries.

17- All spectators are requested to remain five (5) feet from the sidelines. **No parents are permitted behind or near the goal areas during play.**

18- **Absolutely no jewelry (bracelets, necklaces, earrings, etc.) or casts are allowed. Medical alert bracelets or necklaces are allowed but must be taped over or down underneath clothing.**

19- Teams shall be on one side of the field and spectators shall be on the opposite side of the field.

20- All coaches, players and parents shall be aware of **Wantagh Seaford PAL's NO Tolerance policy** and should be there to enjoy and encourage the activity of the players.